

Celebrity Chef Cooking Weekend*

June 27 to 29, 2008

LECTURES WILL BE HELD IN THE **FLAMINGO ROOM**
MEALS WILL BE SERVED IN THE **EMPIRE ROOM**

Friday, June 27th

2:00 – 4:30 PM – Registration

5:00 – 6:00 PM – **John McDougall, MD**---Welcome: What's New with McDougall?

6:00 – 7:00 PM – Dinner

7:00 PM – **Kevin Dunn**—Gourmet Vegan Cooking by the Professor

Saturday, June 28th

6:00 AM – Optional Lab Tests (results will be back by lunch time today)

6:30 – 8:00 AM – Breakfast

8:00 – 9:30 AM – **Kevin Dunn**—Gourmet Vegan Cooking by the Professor

9:45 – 11:15 AM – **Bryanna Clark Grogan**— Brilliant Breakfasts: New Recipes
to Start Your Day Right!

11:30 – 1:00 PM – **Colleen Patrick-Goudreau**—Cooking with the
Compassionate Cook

1:00 – 2:00 PM – Lunch

2:00 – 3:30 PM – **Jill Nussinow**—Spice It Up: Taking Your Vegetables to the
Next Level

4:00 – 5:30 PM – **Miyoko Schinner**—Easy and Healthy Japanese Cooking

6:00 – 7:00 PM – Dinner

7:00 – 8:00 PM – **John McDougall, MD**—Where Do You Get Your Protein?

Sunday, June 29th

7:00 – 8:00 AM – Breakfast

8:00 – 9:30 AM – **Susan Voisin**—Family Friendly Foods

9:45 – 11:15 AM – **Eric Tucker**—Globally influenced Cuisine of Millennium.

11:30 – 1:00 PM – **Bryanna Clark Grogan**—The Elegant Bean: The Humble Bean
Gets a Gourmet Makeover!

1:00 – 2:00 PM – Lunch

1:00 – 2:00 PM – *Check Out of Hotel*

2:00 – 3:30 PM – **Mary McDougall**—The Best from Mary's Kitchen

3:30 – 4:00 PM – **John McDougall, MD**—Closing Remarks

* Schedule is Subject to Change and Improvement